



Breaking cycles of defeat since 2007

February 2025

**Ministry  
Moment**

Many of us wrestle with destructive beliefs - internal “fake news” that keeps us from fully embracing the person God created us to be. These beliefs, shaped by past pain, fear, or lies, prevent us from walking in the freedom and purpose God has for us. We end up trapped in cycles of defeat.

**IN THIS  
ISSUE:**

**The Root of Destructive Beliefs**

Destructive beliefs often stem from negative experiences, such as rejection, failure, or abuse. Over time, these experiences distort our view of ourselves, and we “scam ourselves” by accepting lies as truth. These internal “fake news” stories play on repeat, convincing us we’re not good enough, there’s something wrong with us or we are unlovable. We get “scammed” out of our true identity and settle for self-destructive patterns in relationships.

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**The Impact of Internal Fake News**

These false beliefs limit our potential and rob us of peace. In 2 Corinthians 10:5, we are urged to “take every thought captive and make it obedient to the mind of Christ.” This means we must confront the lies we’ve been telling ourselves and be transformed by the truth God has for us. If we don’t, these false beliefs will lock us into cycles of defeat.

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**Breaking Free: Rewriting the Story with God’s Truth**

To break free from these destructive beliefs, we must experience the truth God has for us. At Rising Above our Inner Healing model is a great tool for identifying where we have succumbed to the lies (fake news about who we are) and experiencing the transformational power of the truth. To find out more about Inner Healing go to [www.risingabovegp.com](http://www.risingabovegp.com) or call 780.533.3025 to book an appointment.

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**Thank you for your ongoing support of this ministry. Your financial support helps us, help people break cycles of defeat.**

*Mel Siggelkow*

Save The Date

RISING ABOVE

# HOPE LIVES

2025  
Banquet



Saturday  
**March 29**

- Participant Stories
- Live Performances
- Rising Above Update
- Silent & Live Auctions

THE THEME OF THE BANQUET THIS YEAR IS...SET FREE!  
GALATIANS 5:1 & JOHN 8:32 & 36

# Participant Story

**Tina**



**1 Thessalonians 5:18**

**Give thanks in all circumstances; for this is the will of God in Christ Jesus for you.**

**I am in the second stage of the Rising Above program. After graduating the 6 month program, there is the opportunity to stay connected to Rising Above while having independence.**

**I have had ups and downs since entering second stage. The way I react to a situation that arises is completely different. Before I would run from it, but now I pray about things and allow God to lead me in the right direction. I am using every resource that is available to me through Rising Above, and I ask questions if I struggle.**

**I don't have an epic success story since moving into second stage, but it's a lot of small successes. I have a part time job, and clean 3 or 4 houses a week. I have had the opportunity to attend workshops to gain more knowledge for my journey walking with the Lord. My greatest success is the start of rebuilding and repairing my relationship with my children and grandchildren. The Lord has definitely blessed me many, many times on my journey.**

**My current goals are to save money for my own apartment, and a vehicle. I am working on being the best mother and grandmother I can be. I am also working on becoming closer to God.**

**My words of encouragement to those struggling with addiction who enter Rising Above is, put your heart and soul into this program and you will get everything out of it that you need. You have to put in the effort to succeed, to get to the point where you let God help you. Without Him you will not succeed, I can say this from experience. As soon as I surrendered everything to the Lord things soon fell into place.**

*Tina*



# What's New

Exciting New Addition to the Team: Welcome Allison Wiseman!

We are thrilled to welcome Allison Wiseman as our new Communications and Front End Coordinator at Rising Above! Allison joined our team in early January 2025, bringing with her a strong background and a passion for delivering excellent service. Allison holds diplomas in both Business Management and Hospitality. Originally from Ontario, she spent seven years living in Newfoundland before settling in Grande Prairie, where she has resided for the past 13 years.

We're excited to have Allison on board and look forward to the valuable contributions she will bring to the team!



## Ground breaking Ceremony - January 6, 2025.

Rising Above is excited to announce the start of construction for the next phase of our facility. 60 individuals from our community came out to help us celebrate this new adventure! We were happy to see sponsors new and old. Our goal is to have this facility mortgage free by the end of construction.

A special thank you to HWD Construction LTD for taking on this project with us. We are grateful to have the support of our local Municipalities; City of Grande Prairie, Municipal District of Greenview No.16, and County of Grande Prairie No. 1. Thank you for your support during this project!



We are excited to welcome Dustin Gano as a Men's Case Worker at Rising Above!

Dustin joined our team in late 2024 and brings a unique perspective, having been a previous participant who successfully graduated in 2023. Originally from Rycroft, Alberta, he has since completed his Addictions Counseling Course and is now dedicated to supporting others on their journey to healing and transformation.

Please join us in welcoming Dustin to the team!

Please watch  
your email  
and regular  
mail for tax  
receipts.



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